

Interview

Seema Rauniar

#YourLOC



Which LOC are you a member of and what is your role?

Hertfordshire, new member just elected in March 2023.

How long have you been involved in the LOC?

8 months.

What made you decide to get involved in the LOC?

I wanted to get involved in my LOC because I had an interest in enhanced eye care services, learn more about what the LOC did and offer my skills as a committee member.

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What have you got out of being an LOC member?

I have a much better understanding of the LOC now and attending the past few meetings has improved my knowledge of our local enhanced eye care pathways as well as building relationships with various knowledgeable people. I have been able to unleash new skills outside of the testing room with a great bunch of people who are all very friendly and helpful.

Having this position has already enabled me to open up doors for further career opportunities. I have completed the LOCSU Induction Course and hope to complete the LOCSU Leadership Skills Programme Course too.

What would you say to anyone wondering whether to get involved with their LOC?

Go for it, a very rewarding experience so far.